## burnalong

## JULY TAKE A VIRTUAL ROAD TRIP CHALLENGE



Join your fellow Burnalong members as you hit the (virtual) road this summer! We've made it even easier for you to bring us with you so you can stay healthy while you roam. From July 4–July 31, share your wellness journey with us on social to win!

## **DETAILS OF THE CHALLENGE**

- Take a live or on-demand Burnalong class at home, on vacation, at work, or from your car via your desktop or phone
- Post and tag Burnalong to be entered into summer swag prizes from Burnalong

## **HOW TO PARTICIPATE**

- Take a live or on-demand class on Burnalong
- Take a picture of yourself with the class up in the background
- Mention the class name, instructor, and where you took it
- Tag Burnalong on Facebook or Instagram; use the hashtag #BurnalongRoadTrip to be entered to win prizes!