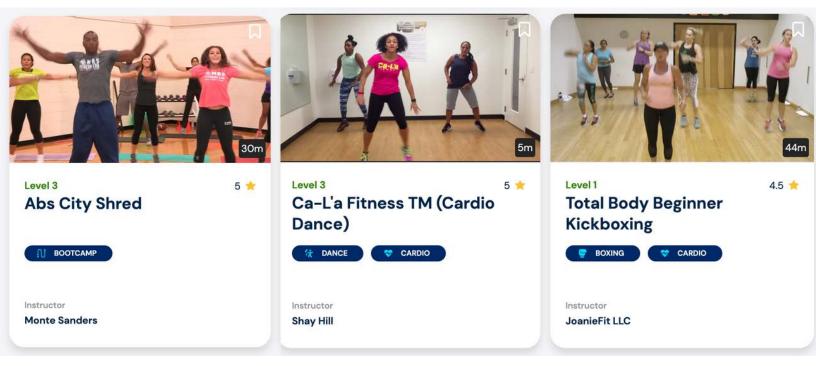
## **burnalong**<sup>®</sup>

## SOCIAL **WELLNESS** MONTH

Stay active with the whole family this summer on the go!





## PLUS DISCOVER 50+ HEALTH & WELLNESS CATEGORIES

















Yoga

Fit Over 50

Bootcamp

Adaptive Workouts Dance

Scan the code for social class recommendations on Burnalong!



Mindfulness

Youth