

WEEK 1 BINGO CHALLENGE

- 1 Complete a BINGO (row, column, or diagonal) each week.
- 2 Email a photo or PDF of your completed sheet to: CustomerCare@burnalong.com
- 3 Be entered into a weekly drawing for prizes.

"FAVORITE" A CLASS	TAKE A MINDFULNESS CLASS	TAKE A YOGA CLASS	TAKE A MARTIAL ARTS CLASS
TAKE A NUTRITION CLASS	GIFT ONE FREE USER ACCOUNT TO A FAMILY MEMBER	TAKE 3 CLASSES IN 1 WEEK	UPLOAD YOUR PROFILE PHOTO
TAKE A CLASS IN THE "NEW CLASSES" SECTION	TAKE A 30-MINUTE CLASS	LEAVE A RATING ON A CLASS	TAKE A MEDITATION CLASS
FOLLOW AN INSTRUCTOR	JOIN A COMMUNITY	TAKE A CLASS WITH YOUR PET	ENROLL IN A PROGRAM

Bingo

PLAY TO WIN!



THRIVE TOGETHER

WEEK 2 BINGO CHALLENGE

- 1 Complete a BINGO (row, column, or diagonal) each week.
- 2 Email a photo or PDF of your completed sheet to: CustomerCare@burnalong.com
- 3 Be entered into a weekly drawing for prizes.

GIFT 2 FREE USER ACCOUNTS TO FRIENDS	TAKE A MINDFULNESS CLASS	TAKE A YOGA CLASS	TAKE A MENTAL HEALTH CLASS
FOLLOW AN INSTRUCTOR	GIFT 2 FREE USER ACCOUNTS TO FAMILY MEMBERS	TAKE AN EDUCATIONAL CLASS	TAKE A 5-MINUTE CLASS
TAKE A CLASS WITH 1+ CO-WORKER	LEAVE A REVIEW FOR AN INSTRUCTOR	TAKE A MEDITATION CLASS	TAKE 3 CLASSES IN 1 WEEK
TAKE A STRETCH AT YOUR DESK CLASS	DOWNLOAD THE BURNALONG APP	TAKE A "STAFF PICK" CLASS	TAKE A 10-MINUTE CLASS

Bingo

PLAY TO WIN!



THRIVE TOGETHER

WEEK 3 BINGO CHALLENGE

- 1 Complete a BINGO (row, column, or diagonal) each week.
- 2 Email a photo or PDF of your completed sheet to: CustomerCare@burnalong.com
- 3 Be entered into a weekly drawing for prizes.

LEAVE A REVIEW FOR AN INSTRUCTOR	TAKE A STRETCH AT YOUR DESK CLASS	TAKE A TOTAL OF 10 CLASSES	TAKE A MENTAL HEALTH CLASS
TAKE A CLASS FROM THE MENTAL HEALTH CATEGORY	TAKE A 30-MINUTE CLASS	FOLLOW AN INSTRUCTOR	INPUT AN ALTERNATE EMAIL IN YOUR PROFILE
TAKE A CLASS IN THE "NEW CLASSES" SECTION	TAKE A CLASS WITH YOUR PET	TAKE A FINANCIAL CLASS	BE THE FIRST TO RATE A CLASS
TAKE A LIVE CLASS	ENROLL IN A PROGRAM	WATCH OVER 100 MINUTES OF CLASSES IN TOTAL	TAKE A YOGA CLASS

Bingo

PLAY TO WIN!



THRIVE TOGETHER

WEEK 4 BINGO CHALLENGE

- 1 Complete a BINGO (row, column, or diagonal) each week.
- 2 Email a photo or PDF of your completed sheet to: CustomerCare@burnalong.com
- 3 Be entered into a weekly drawing for prizes.

TAKE A MARTIAL ARTS CLASS	TAKE A YOGA CLASS	DOWNLOAD THE BURNALONG APP	"FAVORITE" A CLASS
WATCH OVER 200 MINUTES OF CLASSES IN TOTAL	TAKE A 45-MINUTE CLASS	TAKE A CLASS IN THE "NEW CLASSES" SECTION	TAKE A CLASS BY "MONTE SANDERS"
TAKE A SLEEP CLASS	JOIN A COMMUNITY	FOLLOW AN INSTRUCTOR	LEAVE A RATING ON A CLASS
ENROLL IN A PROGRAM	TAKE A STRETCH AT YOUR DESK CLASS	TAKE A TOTAL OF 20 CLASSES	LEAVE A REVIEW FOR AN INSTRUCTOR

Bingo

PLAY TO WIN!



THRIVE TOGETHER