

LET'S GET SOCIAL IN JULY

SOCIAL WELLNESS MONTH



Join colleagues, friends, and family as we explore and travel this summer. Starting July 4th, join the Burnalong Summer Road Trip challenge!

MONTHLY CHALLENGE



Take a Virtual Road Trip



July 4th to July 31st

We've made it easier than ever to take Burnalong with you. Simply download the mobile app on iOS or Android and you'll have wellness with you while you're on the go!

Here's how to participate in the challenge:

- Take a Burnalong class
- Take a picture of yourself afterward with the class up in the background on any device
- Mention the name of the class and instructor
- Share where you took the class (i.e. the beach)
- Tag Burnalong on Facebook or Instagram and hashtag #BurnalongRoadTrip to be entered to win fun prizes



Every time you post, you get an entry into our drawing for all new summer swag from Burnalong!

