

ARE YOU READY?

Your Burnalong 100 Minute Challenge Starts Now!

Log into your account to get started with the Burnalong Challenge today.

- 1 Participate in 100 minutes of classes.
- 2 You can select from 1000's of classes. Power through cardio or sweat it out with HIIT/ Bootcamp. Take a mindfulness break or a nutrition class!
- 3 There is something for everyone! All from the comfort of your home AND on your own time!



burnalong