

Boost employee health and business results with Burnalong+

burnalong



WHO WE ARE

We are an end-to-end digital and local health and wellbeing solution for your workforce. We combine our industry-leading platform with immersive experiences, and ongoing enablement, to drive impact for your organization.



WHO WE HELP

Corporations (from Fortune 100 to local brands; in 70+ countries), government, health plans, and health systems.

WHY WE ARE DIFFERENT

1 Choice, diversity, and locality

35,000+

10,000+

5,000+

60+

On-demand and live classes

Fitness locations¹

Local instructors

Holistic categories

2 Social connection

Group classes

Supportive communities

Digital accounts for family & friends

3 Personalization and insights

Measure engagement

Track enrollment

Category trends

Al-powered experiences

4 Inclusive

Adaptive programs

Multilingual support

INTRODUCING burnalong+

Combining digital and local fitness, health and wellbeing in one holistic offering.



Burnalong offers a hybrid wellness solution, with access to in-person fitness locations and live, local and on-demand classes. Participants no longer need to choose between in-person or virtual-only options.

10.000+ fitness locations

Access our worldclass network of highly recognized brands **Multi-location access**

Subscribers pay one fee to access locations nationwide.

Wide-range of offerings

Amenities² may include: pools, sauna, group classes, cardio equipment, strength training









"Our agency's mission is to take care of America's healthcare, therefore, we too must be well."

Michele Saggese, Centers for Medicare & Medicaid Services



HOW WE DO IT

TIERED DIGITAL SOLUTIONS

- 1 Core solution Industry-leading digital health platform and inclusive events.
- 2 Curated approach Core platform plus customized materials and experiences.
- 3 Cultural support
 Wide-reaching, high-impact initiative plus curated approach.

HOW IT WORKS

- Alignment on departmental, board, & business KPIs.
- Machine learning from behavior to improve personalization.
- 3 Reporting, data deep-dives, trend analysis, & actionable insights for teams.



35,000+

On-demand & live classes



10,000+

Nationwide fitness locations

KEY RESULTS

4X

more engagement than industry-standards

39%

of classes taken are non-fitness categories

68%

of users self-describe as "struggling" at start

WHAT BURNALONG DELIVERS VS. COMPETITORS

- Single, holistic solution for virtual and in-person fitness, health and wellbeing, for everyone
- Chronic condition support, adaptive workouts, prenatal classes, stroke, diabetes, & cancer wellness, ensuring everyone is included
- Digital sub-accounts for family and friends
- A platform built for social support and motivation: online communities and option for live classes with family and friends
- Diverse, local instructors from across the country
- Access to local community classes from across the country
- Beyond basic reporting with trend analysis on individual or line of business

- 1 Access to Fitness locations provided by Tivity Health Services, LLC, an affiliate of Burnalong, Inc. Fitness locations are not owned or operated by Tivity Health or its affiliates. Burnalong+ Subscription with fitness location access option entitles subscriber to use the fitness location facilities and amenities available to the holder of a basic membership at the fitness locations. Facilities and amenities vary by location.
- 2 Facilities and amenities vary by fitness location. Check with participating fitness location for hours of access.

