

Fall into Wellness Journey Map

Participate in each milestone to earn badges. For every milestone completed, unlock a new adventure to earn even more badges! Participation earns a chance to win an all-terrain backpack or mystery Travel Box. Completing 100 minutes earns a chance to win an annual pass to US national parks or a mystery Adventure Box.

Milestone 1: Scavenger hunt

📍 9/25-10/8

Find b in the [Fall into Wellness playlist](#)

Milestone 3: Costume Contest

📍 10/30-10/31

Join the [costume contest](#) and vote on your fave b

Journey begins

📍 9/25

Join the [Fall into Wellness community](#)

Milestone 2: Fall Adventure Bingo

📍 10/9-10/29

Join the [Fall Adventure Bingo playlist](#)

