burnalong¹

Health and wellness is more than just fitness.

With 100's of classes added weekly, Burnalong's growing library of more than 50,000 live and on-demand classes spans across 70 categories including: physical, mental, financial, and medical.

43%

of our specialty classes are geared towards seniors

23%

of our classes focus on mental health

18%

of our user base have taken a specialty class

Physical health categories

Instructor certifications: ACSM, NASM, ACE, Zumba & More















Medical health categories

Instructor certifications: MD, LDN, CDE, DPT, LMSW, RN, DO, Cancer Exercise Specialist, Naturopathic Doctor, Pharmacists & More





















Specialty categories

Instructor certifications: Health Coach, Reiki certified, MFT, Licensed Professional Counselor, Business Success Coach, Financial Coach, Accredited Investment Fiduciary & More



Workouts



Management



Self Defense



Learning & Development



Life Coaching



Marriage Repair & Divorce



Hobbies & Skills



Financial Wellbeing



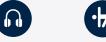


Meditation











& More