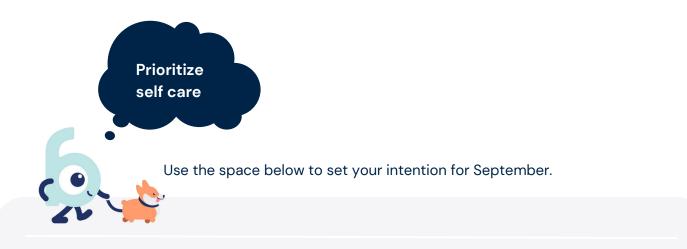


PRIORITIZE SELF CARE

How can you make self care a top priority this month?

b's September Intention: Choose Me!

b will prioritize self-care and treating themselves to wellness practices that recharge their mind, body, and spirit.



burnalong