

Burnalong's Health Enhancement Program

YOUR GUIDE TO CHRONIC PAIN MANAGEMENT



RESTORE YOUR HEALTH: A GUIDE THROUGH CHRONIC PAIN MANAGEMENT

Why our program is beneficial to you:

- cost-effective
- reduces hospital admissions & avoidable readmissions
- reduce health care claims

How our program helps your members

- improves disease knowledge
- supports better treatment adherence
- increased self efficacy & empowerment
- strengthens quality of care

Members that participate are more likely to:

- be empowered to return to activities of daily living
- adhere to collaboration of care between providers
- seek medication adherence support



Burnalong features over 50,000 classes led by 7,500 experienced instructors across various categories such as cardio, mindfulness, chronic condition self-management, financial wellness, and more.

Interested in discovering how our chronic pain program can benefit your population?

Contact us at

info@burnalong.com