

# Burnalong's Health Enhancement Program

YOUR PATH TOWARDS BETTER  
BLOOD PRESSURE CONTROL



## POWER OF THE PULSE: GUIDE TO HEALTHY BLOOD PRESSURE

### Why our program is beneficial to you:

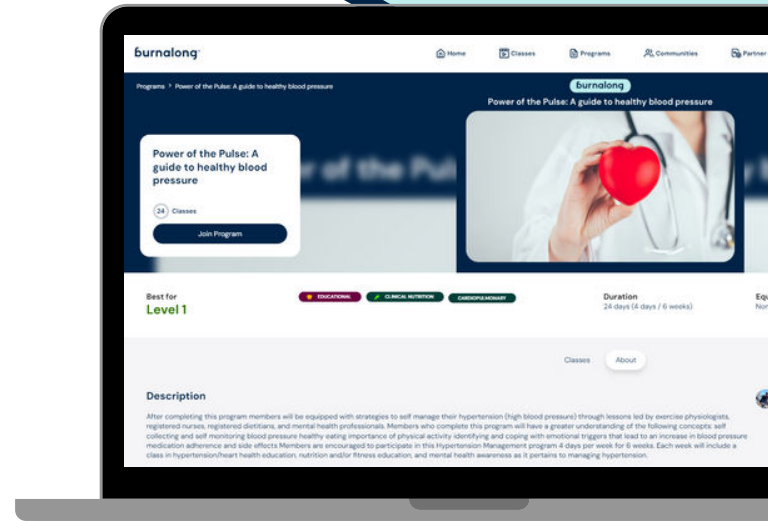
- cost-effective
- reduces hospital admissions & avoidable readmissions
- reduce health care claims
- reduce progression of hypertensive complications

### How our program helps your members:

- improves disease knowledge
- supports better treatment adherence
- increased self efficacy & empowerment
- strengthens quality of care

### Members that participate are more likely to:

- receive routine lab work
- adhere to collaboration of care between providers
- seek medication adherence support



Burnalong features over 50,000 classes led by 7,500 experienced instructors across various categories such as cardio, mindfulness, chronic condition self-management, financial wellness, and more.

**Interested in discovering how our hypertension program can benefit your population?**

Contact us at

[info@burnalong.com](mailto:info@burnalong.com)

**Want to try it out for yourself?**

[well.burnalong.com/program/775](https://well.burnalong.com/program/775)