Burnalong's Health Enhancement Program

YOUR GUIDE TO TOBACCO CESSATION



BREATHE EASY: BREAKING FREE FROM TOBACCO

Why our program is beneficial to you:

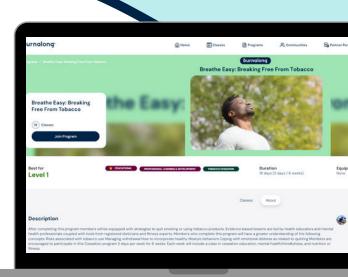
- cost-effective
- reduces the risk of developing chronic lung diseases
- reduce health care claims
- reduce progression of other chronic diseases

How our program helps your members:

- improves disease knowledge
- supports better treatment adherence
- iincreased self efficacy & empowerment
- strengthens quality of care

Members that participate are more likely to:

- quit and remain tobacco free
- adhere to collaboration of care between providers
- seek medication adherence support



Burnalong features over 50,000 classes led by 7,500 experienced instructors across various categories such as cardio, mindfulness, chronic condition selfmanagement, financial wellness, and more.

> Interested in discovering how our tobacco cessation program can benefit your population?

Contact us at info@burnalong.com

burnalong